## Physician's Permission for Massage/Bodywork

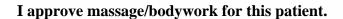
Patient's Name	Physician's Name	_
	Phone Number	
	Email/Other	_

I have been treating this patient since \_\_\_\_\_ (date)

- Massage/Bodywork can affect ALL body systems. Modifications in treatment are commonly made to limit undesired effects depending on patient's condition and tolerances.
- Massage can be beneficial in the treatment of a variety of musculoskeletal and other conditions.
- Massage/bodywork can be beneficial for anxiety and other nervous system disorders and relieving symptoms related to trauma.
- Massage can, also, trigger undesirable physical or behavioral responses.

## Mark ALL that apply.

- □ This patient is generally healthy and there is no reason to believe massage/bodywork will negatively impact this patient's health.
- □ This patient does not have an anxiety disorder or does not have difficulty staying in the present and controlling his/her behavior.
- □ Massage/bodywork is appropriate for this client with the following precautions: (conditions, medications, contraindications, etc)



Date \_\_\_\_

Note to physician: Please contact me if you have any questions or concerns.

Natasha Pyle CMT, NCTMB PO Box 2158 Alameda, CA 94501

239-218-3008 turtlemoonbodyworks@hotmail.com